

Methodology

The Psychobiographic Care Model was developed by Prof. Erwin Böhm. At the centre of his model are the following assumptions:

- Elderly people tend to shift their coping strategies according to the emotional personal history they experienced.
- In order to provide meaningful support and reactivation we need to learn about and understand their past experience through personal stories.

Collecting this information is a lot of work and demands special skills. MI-Tale is an app that invites people to tell stories about their past and records it for later use.

The experiences until the early adult age (0-25 years) are most important. These stories reflect values, copings, stimuli and the spirit of life, which are used to communicate with the elderly in their own 'normality'.

They are regarded as guiding values when people enter into stages of dementia. These experiences may be reflected in behaviour of people entering dementia.

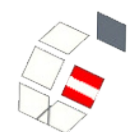
There are currently 156 certified care institutions in Germany, Austria, Switzerland, Luxemburg and in The Netherlands that work successfully using the Böhm Method.

For more information please visit:
www.enpp-boehm.com

Partners



MK Prosopsis Ltd
www.mkprosopsis.com



ENPP-Böhm

Funding Authorities



ZonMw

Contact

Marije Blok
Project Coordinator
Stichting Nationaal Ouderenfonds
m.blok@ouderenfonds.nl

This project is funded under the AAL programme (call 2016-o61) and supported by the EU and national funding organisations of Austria, Cyprus and the Netherlands. Project duration: 01.05.2017 - 30.04.2019



MI-Tale

A personalised psychobiographic app
to access and preserve memories
of people with dementia



www.mi-tale.eu



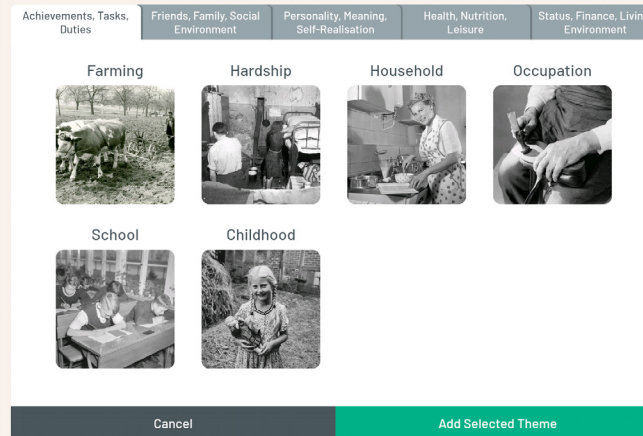
MI-Tale app

The MI-Tale app triggers memories of the personal story of people with dementia by presenting them personal, local and national media (photo, video, audio) with emotional value of their formative years.

The MI-Tale app records the memories of the associated personal experiences and behavioural values without observers bias with the help of video (expression), audio (words) and emotional response (smileys).

Users in the private setting are seniors with dementia (mild and middle graded) or seniors without dementia who want to share psycho-biographical knowledge before they - maybe - lose the ability to do so and their informal caregivers and relatives.

Users in the professional setting are seniors with dementia (mild and middle graded) and professional (either Böhm certified or not) caregivers. The caregivers can use this valuable information for analysis and therapeutic care interventions.



MI-Tale features a prefilled media database of regional content from Germany, Austria, The Netherlands and Cyprus of the 50's and 60's. The content is divided in evidence based categories:

- Achievements, Tasks, Duties
- Friends, Family, Social Environment
- Personality, Meaning, Self-Realisation
- Health, Nutrition, Leisure
- Status, Finance, Living Environment

Users can upload their own photos to personalise the experience further with the ability to share their own content with other users in order to enlarge the database.

Media that triggered response can be tagged to create individual memory books. The app has an optional quiz mode to provide a more game-like activity: media is covered first and revealed step-by-step like in old-fashioned quiz shows. The MI-Tale app runs on desktops, notebooks and tablets.



Single & Group

Single & group activity
Audio & video recording
Quiz gameplay mode
Private & professional
Client administration



Memory Books

Individual books
Photo, audio, video
Automatic page turns
Select font styles
Export to PDF
Add text



Logs

Automatic protocols
Emotion assignment
Psychobiographic data
GDPR conform
Add comments
Export to PDF



Content

Prefilled database
Specific categories
Easy extendable
Regional content
Add your own photos